

Grief Recovery Series *Offered by Miles Funeral Home*

This Journey of Grief

Finding Your Way and Healing Your Spirit

Grief is one of the most difficult experiences in life and is our heart's natural response to loss. Grief creates emotions that need attention and care. There is no road map for grief but there are sign posts along the way to help you take steps on this challenging path towards growth and healing. This seminar will help you understand the emotions of grief and bring you together with others who share similar experiences.

Terri Philbrick, LICSW
*Licensed Independent Social Worker,
Grief Counselor and Bereavement Coordinator*

Richard S. Mansfield, Funeral Director

Saturday, April 27, 2019 ~ 1:00 - 2:30 p.m.
Holden Senior Center ~ 1130 Main Street, Holden

Seating is limited. Seminar is free and open to the public.

Light refreshments will be served.

Please call (508) 829-4434 or (978) 422-0100
for reservations.



Honoring Lives ~ Celebrating Memories

www.milesfuneralhome.com

